



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Haake-Hermann, Markus

Club: Petersberg

Number: 386

Course: 9.75 km

10 km Lauf

Category:

Männer M40

Total time: 43:53

Speed: 12.31 km/h

Running performance: 4:30 min/km

Rank in course/Total: 29 (of 224)

Rank in course/Men: 29 (of 166)

Best time in course: 33:28

Rank in category: 2(of 20)

Best time in the category: 41:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:02	4:19	1	-	24	2:54	3.25	14:02	4:19	20		30	2:54
Lap 2	3.25	14:40	4:30	2	0:53	26	3:22	6.50	28:42	4:24	20		30	6:16
Last lap Finish	3.25	15:11	4:40	3	1:56	35	4:09	9.75	43:53	4:30	2	2:46	29	10:25