



# 6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

## Detailed evaluation

loeber, ralf

Club: düsseldorf

Number: 46

Course: 42.25 km

Marathon

Category:

Männer M35

Total time: 3:51:35

Speed: 10.95 km/h

Running performance: 5:29 min/km

Rank in course/Total: 62 (of 164)

Rank in course/Men: 59 (of 136)

Best time in course: 2:51:03

Rank in category: 8(of 15)

Best time in the category: 2:55:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:46	5:09	10	4:06	69	4:06	3.25	16:46	5:09	8	4:00	65	
Lap 2	3.25	16:48	5:10	12	3:54	74	4:04	6.50	33:34	5:09	8	7:54	65	
Lap 3	3.25	17:09	5:16	12	4:13	77	4:22	9.75	50:43	5:12	8	12:07	65	
Lap 4	3.25	17:02	5:14	11	4:06	69	4:06	13.00	1:07:45	5:12	8	16:13	64	11:20
Lap 5	3.25	16:44	5:08	10	3:37	59	3:54	16.25	1:24:29	5:11	8	19:50	64	13:38
Lap 6	3.25	16:57	5:12	9	3:41	54	3:49	19.50	1:41:26	5:12	8	23:31	64	15:19
Lap 7	3.25	17:09	5:16	9	3:43	53	4:14	22.75	1:58:35	5:12	8	27:14	62	9:30
Lap 8	3.25	17:23	5:20	9	3:41	50	4:11	26.00	2:15:58	5:13	8	30:55	62	9:52
Lap 9	3.25	17:56	5:31	7	4:05	52	4:32	29.25	2:33:54	5:15	8	35:00	61	7:54
Lap 10	3.25	18:54	5:48	8	4:55	64	5:19	32.50	2:52:48	5:19	8	39:55	60	42:07
Lap 11	3.25	18:51	5:48	6	4:41	48	5:42	35.75	3:11:39	5:21	8	44:36	59	47:49
Lap 12	3.25	20:05	6:10	8	5:39	65	6:24	39.00	3:31:44	5:25	8	50:15	59	54:13
Last lap Finish	3.25	19:51	6:06	8	5:35	75	6:19	42.25	3:51:35	5:28	8	55:50	65	2:25:22