



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Angermüller, Stefan

Club: Running e.V. Pfalzgrafenweiler
Number: 105

Course: 42.25 km
Marathon

Category:
Männer M45

Total time: 3:51:53

Speed: 10.87 km/h
Running performance: 5:29 min/km

Rank in course/Total: 63 (of 164)

Rank in course/Men: 60 (of 136)

Best time in course: 2:51:03

Rank in category: 12(of 29)

Best time in the category: 3:07:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:41	4:49	9	2:01	50	3:01	3.25	15:41	4:49	15		63	
Lap 2	3.25	15:46	4:51	8	1:47	38	3:02	6.50	31:27	4:50	18		63	
Lap 3	3.25	16:04	4:56	9	1:48	48	3:17	9.75	47:31	4:52	18		63	
Lap 4	3.25	16:08	4:57	8	1:41	42	3:12	13.00	1:03:39	4:53	18		62	7:14
Lap 5	3.25	16:28	5:03	9	2:05	52	3:38	16.25	1:20:07	4:55	18		65	9:16
Lap 6	3.25	16:41	5:08	10	2:21	49	3:33	19.50	1:36:48	4:57	18		65	10:41
Lap 7	3.25	17:00	5:13	8	2:40	47	4:05	22.75	1:53:48	5:00	18		46	4:43
Lap 8	3.25	18:13	5:36	15	3:53	74	5:01	26.00	2:12:01	5:04	18		63	5:55
Lap 9	3.25	19:34	6:01	18	5:09	86	6:10	29.25	2:31:35	5:10	18		62	5:35
Lap 10	3.25	20:26	6:17	22	6:01	92	6:51	32.50	2:52:01	5:17	18		61	41:20
Lap 11	3.25	19:49	6:05	15	5:09	66	6:40	35.75	3:11:50	5:21	18		60	48:00
Lap 12	3.25	20:08	6:11	13	5:08	66	6:27	39.00	3:31:58	5:26	18		60	54:27
Last lap Finish	3.25	19:55	6:07	14	4:51	76	6:23	42.25	3:51:53	5:29	13	1:26:56	66	2:25:40