



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Aurich, Michael

Club: Leipzig

Number: 31

Course: 42.25 km

Marathon

Category:

Männer M30

Total time: 3:53:03

Speed: 10.88 km/h

Running performance: 5:31 min/km

Rank in course/Total: 65 (of 164)

Rank in course/Men: 62 (of 136)

Best time in course: 2:51:03

Rank in category: 10(of 13)

Best time in the category: 2:56:59

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 17:46 | 5:28 | 12 | 4:52 | 90 | 5:06 | 3.25 | 17:46 | 5:28 | 11 | 4:08 | 68 | |
| Lap 2 | 3.25 | 17:45 | 5:27 | 12 | 4:40 | 92 | 5:01 | 6.50 | 35:31 | 5:27 | 11 | 7:49 | 68 | |
| Lap 3 | 3.25 | 17:46 | 5:28 | 12 | 4:43 | 88 | 4:59 | 9.75 | 53:17 | 5:27 | 11 | 11:19 | 68 | |
| Lap 4 | 3.25 | 17:12 | 5:17 | 11 | 3:57 | 72 | 4:16 | 13.00 | 1:10:29 | 5:25 | 11 | 14:04 | 67 | 14:04 |
| Lap 5 | 3.25 | 16:52 | 5:11 | 11 | 3:35 | 65 | 4:02 | 16.25 | 1:27:21 | 5:22 | 11 | 16:30 | 67 | 16:30 |
| Lap 6 | 3.25 | 17:15 | 5:18 | 10 | 3:50 | 68 | 4:07 | 19.50 | 1:44:36 | 5:21 | 11 | 18:29 | 67 | 18:29 |
| Lap 7 | 3.25 | 16:46 | 5:09 | 9 | 3:22 | 41 | 3:51 | 22.75 | 2:01:22 | 5:20 | 10 | 28:59 | 65 | 12:17 |
| Lap 8 | 3.25 | 16:54 | 5:11 | 7 | 3:05 | 37 | 3:42 | 26.00 | 2:18:16 | 5:19 | 10 | 32:04 | 65 | 12:10 |
| Lap 9 | 3.25 | 18:03 | 5:33 | 9 | 4:17 | 58 | 4:39 | 29.25 | 2:36:19 | 5:20 | 10 | 36:21 | 64 | 10:19 |
| Lap 10 | 3.25 | 18:59 | 5:50 | 10 | 4:55 | 66 | 5:24 | 32.50 | 2:55:18 | 5:23 | 10 | 41:16 | 63 | 44:37 |
| Lap 11 | 3.25 | 20:50 | 6:24 | 11 | 6:41 | 86 | 7:41 | 35.75 | 3:16:08 | 5:29 | 10 | 47:57 | 62 | 52:18 |
| Lap 12 | 3.25 | 18:18 | 5:37 | 7 | 3:54 | 35 | 4:37 | 39.00 | 3:34:26 | 5:29 | 10 | 51:51 | 62 | 56:55 |
| Last lap Finish | 3.25 | 18:37 | 5:43 | 10 | 4:13 | 56 | 5:05 | 42.25 | 3:53:03 | 5:30 | 11 | 2:11:07 | 68 | 2:26:50 |