



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Kriesche, Wolfgang

Club: TriSportKirsch

Number: 156

Course: 42.25 km

Marathon

Category:

Männer M55

Total time: 3:57:26

Speed: 10.61 km/h

Running performance: 5:37 min/km

Rank in course/Total: 76 (of 164)

Rank in course/Men: 73 (of 136)

Best time in course: 2:51:03

Rank in category: 3(of 8)

Best time in the category: 3:49:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking		Total ranking		
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	19:21	5:57	6	3:41	119	6:41	3.25	19:21	5:57	4	3:05	79		
Lap 2	3.25	18:15	5:36	4	2:23	101	5:31	6.50	37:36	5:47	4	4:36	79		
Lap 3	3.25	17:57	5:31	4	1:45	92	5:10	9.75	55:33	5:41	4	5:30	79		
Lap 4	3.25	18:58	5:50	5	2:40	111	6:02	13.00	1:14:31	5:43	4	7:27	78	18:06	
Lap 5	3.25	18:02	5:32	4	1:38	88	5:12	16.25	1:32:33	5:41	4	8:13	78	21:42	
Lap 6	3.25	17:28	5:22	2	0:53	74	4:20	19.50	1:50:01	5:38	4	8:00	78	23:54	
Lap 7	3.25	17:53	5:30	3	0:26	79	4:58	22.75	2:07:54	5:37	4	7:39	76	18:49	
Lap 8	3.25	18:07	5:34	3	0:23	71	4:55	26.00	2:26:01	5:36	4	6:34	76	19:55	
Lap 9	3.25	18:28	5:40	2	0:36	68	5:04	29.25	2:44:29	5:37	4	5:26	75	18:29	
Lap 10	3.25	18:34	5:42	2	0:20	48	4:59	32.50	3:03:03	5:37	4	3:33	74	52:22	
Lap 11	3.25	18:56	5:49	2	0:08	50	5:47	35.75	3:21:59	5:38	3	9:54	73	58:09	
Lap 12	3.25	18:00	5:32	1	-	29	4:19	39.00	3:39:59	5:38	3	9:11	73	1:02:28	
Last lap Finish	3.25	17:27	5:22	1	-	29	3:55	42.25	3:57:26	5:37	4	31:07	79	2:31:13	