



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Schambeck, Kathrin

Club: Team Franconia Vertical

Number: 214

Course: 42.25 km

Marathon

Category:

Frauen W35

Total time: 3:59:03

Speed: 10.54 km/h

Running performance: 5:40 min/km

Rank in course/Total: 82 (of 164)

Rank in course/Women: 5 (of 28)

Best time in course: 3:30:47

Rank in category: 1 (of 3)

Best time in the category: 3:59:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	17:58	5:31	1	-	10	3:05	3.25	17:58	5:31	1	-	25	
Lap 2	3.25	17:42	5:26	1	-	9	2:26	6.50	35:40	5:29	1	-	25	
Lap 3	3.25	17:25	5:21	1	-	7	1:57	9.75	53:05	5:26	1	-	25	
Lap 4	3.25	17:24	5:21	1	-	6	1:45	13.00	1:10:29	5:25	1	-	25	
Lap 5	3.25	17:19	5:19	1	-	5	1:10	16.25	1:27:48	5:24	1	-	25	
Lap 6	3.25	17:33	5:24	1	-	5	1:22	19.50	1:45:21	5:24	1	-	25	
Lap 7	3.25	18:05	5:33	1	-	5	1:53	22.75	2:03:26	5:25	1	-	25	
Lap 8	3.25	18:42	5:45	1	-	5	2:07	26.00	2:22:08	5:28	1	-	25	
Lap 9	3.25	19:23	5:57	1	-	5	3:15	29.25	2:41:31	5:31	1	-	25	
Lap 10	3.25	20:03	6:10	1	-	6	3:38	32.50	3:01:34	5:35	1	-	24	
Lap 11	3.25	18:45	5:46	1	-	3	2:37	35.75	3:20:19	5:36	1	-	24	
Lap 12	3.25	20:27	6:17	1	-	5	4:13	39.00	3:40:46	5:39	1	-	24	
Last lap Finish	3.25	18:17	5:37	1	-	4	3:07	42.25	3:59:03	5:39	1	-	5	28:16