



# 6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

## Detailed evaluation

**Stapf, Alexandra**

Club: RuF Erbenheim

Number: 472

Course: 9.75 km

10 km Lauf

Category:

Frauen W30

Total time: 44:26

Speed: 12.15 km/h

Running performance: 4:34 min/km

Rank in course/Total: 33 (of 224)

Rank in course/Women: 1 (of 58)

Best time in course: 44:26

Rank in category: 1(of 10)

Best time in the category: 44:26

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	14:14	4:22	1	-	1	-	3.25	14:14	4:22	1	-	44	
Lap 2	3.25	15:04	4:38	2	0:15	2	0:15	6.50	29:18	4:30	1	-	44	
Last lap Finish	3.25	15:08	4:39	2	0:10	2	0:10	9.75	44:26	4:33	1	-	2	28:40