



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Boppert, Karin

Club: Neustadt a. Rbge.

Number: 185

Course: 42.25 km

Marathon

Category:

Frauen W40

Total time: 4:02:26

Speed: 10.46 km/h

Running performance: 5:44 min/km

Rank in course/Total: 87 (of 164)

Rank in course/Women: 6 (of 28)

Best time in course: 3:30:47

Rank in category: 1(of 5)

Best time in the category: 4:02:26

Control	Intermediate times								Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women		
Lap 1	3.25	16:51	5:11	3	1:11	8	1:58	3.25	16:51	5:11	1	-	24			
Lap 2	3.25	16:31	5:04	2	0:14	5	1:15	6.50	33:22	5:08	1	-	24			
Lap 3	3.25	16:50	5:10	2	0:12	5	1:22	9.75	50:12	5:08	1	-	22			
Lap 4	3.25	17:05	5:15	1	-	4	1:26	13.00	1:07:17	5:10	1	-	24			
Lap 5	3.25	17:31	5:23	3	0:17	7	1:22	16.25	1:24:48	5:13	1	-	24			
Lap 6	3.25	17:51	5:29	1	-	6	1:40	19.50	1:42:39	5:15	1	-	24			
Lap 7	3.25	18:28	5:40	1	-	6	2:16	22.75	2:01:07	5:19	1	-	24			
Lap 8	3.25	19:03	5:51	1	-	6	2:28	26.00	2:20:10	5:23	1	-	24			
Lap 9	3.25	19:46	6:04	1	-	7	3:38	29.25	2:39:56	5:28	1	-	24			
Lap 10	3.25	20:23	6:16	2	0:01	9	3:58	32.50	3:00:19	5:32	1	-	23			
Lap 11	3.25	20:46	6:23	2	0:14	10	4:38	35.75	3:21:05	5:37	1	-	23			
Lap 12	3.25	20:57	6:26	1	-	8	4:43	39.00	3:42:02	5:41	1	-	23			
Last lap Finish	3.25	20:24	6:16	2	0:42	11	5:14	42.25	4:02:26	5:44	1	-	6	31:39		