



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

knof, hugo

Club: bad liebenwerda

Number: 118

Course: 42.25 km

Marathon

Category:

Männer M45

Total time: 4:10:58

Speed: 10.04 km/h

Running performance: 5:56 min/km

Rank in course/Total: 96 (of 164)

Rank in course/Men: 89 (of 136)

Best time in course: 2:51:03

Rank in category: 21(of 29)

Best time in the category: 3:07:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:48	5:10	16	3:08	72	4:08	3.25	16:48	5:10	9	0:04	95	
Lap 2	3.25	16:22	5:02	12	2:23	55	3:38	6.50	33:10	5:06	9		74	
Lap 3	3.25	16:31	5:04	14	2:15	61	3:44	9.75	49:41	5:05	9		74	
Lap 4	3.25	16:45	5:09	13	2:18	63	3:49	13.00	1:06:26	5:06	9		73	10:01
Lap 5	3.25	19:16	5:55	25	4:53	113	6:26	16.25	1:25:42	5:16	9	0:58	94	14:51
Lap 6	3.25	18:27	5:40	21	4:07	94	5:19	19.50	1:44:09	5:20	9	2:04	94	18:02
Lap 7	3.25	19:34	6:01	24	5:14	106	6:39	22.75	2:03:43	5:26	9	4:38	92	14:38
Lap 8	3.25	17:55	5:30	13	3:35	67	4:43	26.00	2:21:38	5:26	9	4:06	92	15:32
Lap 9	3.25	25:17	7:46	29	10:52	131	11:53	29.25	2:46:55	5:42	9	12:51	91	20:55
Lap 10	3.25	20:25	6:16	21	6:00	91	6:50	32.50	3:07:20	5:45	9	11:52	90	56:39
Lap 11	3.25	20:32	6:19	17	5:52	80	7:23	35.75	3:27:52	5:48	9	10:44	89	1:04:02
Lap 12	3.25	20:59	6:27	19	5:59	84	7:18	39.00	3:48:51	5:52	9	10:46	89	1:11:20
Last lap Finish	3.25	22:07	6:48	22	7:03	103	8:35	42.25	4:10:58	5:56	22	1:46:01	95	2:44:45