



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Denzler, Barbara

Club: TV Helmbrechts

Number: 196

Course: 42.25 km

Marathon

Category:

Frauen W45

Total time: 4:14:35

Speed: 9.90 km/h

Running performance: 6:02 min/km

Rank in course/Total: 106 (of 164)

Rank in course/Women: 11 (of 28)

Best time in course: 3:30:47

Rank in category: 4(of 10)

Best time in the category: 3:30:47

Control	Intermediate times								Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women		
Lap 1	3.25	19:06	5:52	8	4:13	19	4:13	3.25	19:06	5:52	4	3:24	18			
Lap 2	3.25	18:34	5:42	8	3:18	15	3:18	6.50	37:40	5:47	4	6:10	18			
Lap 3	3.25	18:16	5:37	4	2:48	10	2:48	9.75	55:56	5:44	4	8:17	18			
Lap 4	3.25	18:34	5:42	3	2:55	8	2:55	13.00	1:14:30	5:43	4	10:29	18			
Lap 5	3.25	18:47	5:46	4	2:38	10	2:38	16.25	1:33:17	5:44	4	12:46	18			
Lap 6	3.25	19:18	5:56	4	3:07	11	3:07	19.50	1:52:35	5:46	4	15:12	18			
Lap 7	3.25	19:31	6:00	4	3:19	9	3:19	22.75	2:12:06	5:48	4	17:59	18			
Lap 8	3.25	19:30	6:00	5	2:55	9	2:55	26.00	2:31:36	5:49	4	20:54	18			
Lap 9	3.25	19:43	6:03	4	3:35	6	3:35	29.25	2:51:19	5:51	4	24:29	18			
Lap 10	3.25	20:07	6:11	4	3:42	7	3:42	32.50	3:11:26	5:53	4	28:11	18			
Lap 11	3.25	20:19	6:15	4	4:11	6	4:11	35.75	3:31:45	5:55	4	32:22	18			
Lap 12	3.25	20:52	6:25	4	4:38	7	4:38	39.00	3:52:37	5:57	4	37:00	18			
Last lap Finish	3.25	21:58	6:45	8	6:48	16	6:48	42.25	4:14:35	6:01	4	43:48	12	43:48		