



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Wenz, Holger

Club: Heidelberg

Number: 18

Course: 42.25 km

Marathon

Category:

Männer M20

Total time: 4:18:37

Speed: 9.74 km/h

Running performance: 6:07 min/km

Rank in course/Total: 113 (of 164)

Rank in course/Men: 101 (of 136)

Best time in course: 2:51:03

Rank in category: 14(of 17)

Best time in the category: 2:53:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:24	5:21	12	4:25	80	4:44	3.25	17:24	5:21	4	0:49	58	
Lap 2	3.25	16:33	5:05	11	3:49	59	3:49	6.50	33:57	5:13	4	0:42	42	
Lap 3	3.25	16:03	4:56	11	3:16	45	3:16	9.75	50:00	5:07	4		58	
Lap 4	3.25	16:16	5:00	12	3:18	51	3:20	13.00	1:06:16	5:05	14	14:41	106	9:51
Lap 5	3.25	17:31	5:23	14	4:41	79	4:41	16.25	1:23:47	5:09	14	19:22	106	12:56
Lap 6	3.25	18:06	5:34	14	4:57	89	4:58	19.50	1:41:53	5:13	14	24:19	106	15:46
Lap 7	3.25	18:53	5:48	13	5:58	96	5:58	22.75	2:00:46	5:18	14	30:17	104	11:41
Lap 8	3.25	20:15	6:13	13	7:02	104	7:03	26.00	2:21:01	5:25	14	37:19	104	14:55
Lap 9	3.25	21:36	6:38	13	8:12	110	8:12	29.25	2:42:37	5:33	14	45:31	103	16:37
Lap 10	3.25	22:37	6:57	14	9:01	110	9:02	32.50	3:05:14	5:41	14	54:32	102	54:33
Lap 11	3.25	25:28	7:50	15	11:37	127	12:19	35.75	3:30:42	5:53	14	1:06:09	101	1:06:52
Lap 12	3.25	24:31	7:32	14	10:21	120	10:50	39.00	3:55:13	6:01	14	1:16:18	101	1:17:42
Last lap Finish	3.25	23:24	7:11	16	9:10	120	9:52	42.25	4:18:37	6:07	15	2:52:24	107	2:52:24