



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Green, Jeffrey

Club: Tidewater Striders

Number: 219

Course: 42.25 km

Marathon

Category:

Männer M50

Total time: 4:22:56

Speed: 9.58 km/h

Running performance: 6:13 min/km

Rank in course/Total: 119 (of 164)

Rank in course/Men: 105 (of 136)

Best time in course: 2:51:03

Rank in category: 14(of 18)

Best time in the category: 3:32:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:03	4:56	5	0:59	57	3:23	3.25	16:03	4:56	5		40	
Lap 2	3.25	17:16	5:18	11	1:58	82	4:32	6.50	33:19	5:07	5		111	
Lap 3	3.25	17:52	5:29	12	2:05	90	5:05	9.75	51:11	5:14	5	0:05	111	
Lap 4	3.25	18:07	5:34	12	2:26	92	5:11	13.00	1:09:18	5:19	5	0:55	110	12:53
Lap 5	3.25	18:32	5:42	11	2:53	93	5:42	16.25	1:27:50	5:24	5	0:41	110	16:59
Lap 6	3.25	18:59	5:50	14	3:07	102	5:51	19.50	1:46:49	5:28	5	2:26	110	20:42
Lap 7	3.25	19:00	5:50	14	2:59	98	6:05	22.75	2:05:49	5:31	5	3:41	108	16:44
Lap 8	3.25	20:25	6:16	15	4:22	107	7:13	26.00	2:26:14	5:37	5	5:58	108	20:08
Lap 9	3.25	21:11	6:31	15	4:46	104	7:47	29.25	2:47:25	5:43	5	8:06	107	21:25
Lap 10	3.25	21:48	6:42	14	5:29	103	8:13	32.50	3:09:13	5:49	5	11:53	106	58:32
Lap 11	3.25	23:40	7:16	17	7:15	112	10:31	35.75	3:32:53	5:57	5	16:28	105	1:09:03
Lap 12	3.25	25:00	7:41	17	8:13	122	11:19	39.00	3:57:53	6:05	5	21:06	105	1:20:22
Last lap Finish	3.25	25:03	7:42	18	9:42	129	11:31	42.25	4:22:56	6:13	15	1:38:38	111	2:56:43