



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Junig, Gunnar

Club: Brockenlaufverein 1927 e.V. Ilsenburg
Number: 148

Course: 42.25 km
Marathon

Category:
Männer M55

Total time: 4:24:00

Speed: 9.55 km/h
Running performance: 6:15 min/km

Rank in course/Total: 122 (of 164)

Rank in course/Men: 106 (of 136)

Best time in course: 2:51:03

Rank in category: 5(of 8)

Best time in the category: 3:49:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:04	5:51	5	3:24	114	6:24	3.25	19:04	5:51	6	2:48	112	
Lap 2	3.25	18:30	5:41	5	2:38	105	5:46	6.50	37:34	5:46	6	4:34	112	
Lap 3	3.25	18:18	5:37	5	2:06	102	5:31	9.75	55:52	5:43	6	5:49	112	
Lap 4	3.25	18:49	5:47	4	2:31	106	5:53	13.00	1:14:41	5:44	6	7:37	111	18:16
Lap 5	3.25	19:03	5:51	5	2:39	109	6:13	16.25	1:33:44	5:46	6	9:24	111	22:53
Lap 6	3.25	19:18	5:56	6	2:43	111	6:10	19.50	1:53:02	5:47	6	11:01	111	26:55
Lap 7	3.25	20:18	6:14	6	2:51	112	7:23	22.75	2:13:20	5:51	6	13:05	109	24:15
Lap 8	3.25	20:46	6:23	6	3:02	111	7:34	26.00	2:34:06	5:55	6	14:39	109	28:00
Lap 9	3.25	21:27	6:35	6	3:35	107	8:03	29.25	2:55:33	6:00	6	16:30	108	29:33
Lap 10	3.25	21:30	6:36	5	3:16	102	7:55	32.50	3:17:03	6:03	6	17:33	107	1:06:22
Lap 11	3.25	22:21	6:52	5	3:33	102	9:12	35.75	3:39:24	6:08	5	27:19	106	1:15:34
Lap 12	3.25	22:47	7:00	4	4:47	106	9:06	39.00	4:02:11	6:12	5	31:23	106	1:24:40
Last lap Finish	3.25	21:49	6:42	4	4:22	101	8:17	42.25	4:24:00	6:14	6	57:41	112	2:57:47