



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Heinrich, Andreas

Club: Bad Berka

Number: 117

Course: 42.25 km

Marathon

Category:

Männer M45

Total time: 4:26:56

Speed: 9.50 km/h

Running performance: 6:19 min/km

Rank in course/Total: 125 (of 164)

Rank in course/Men: 108 (of 136)

Best time in course: 2:51:03

Rank in category: 25(of 29)

Best time in the category: 3:07:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:38	5:25	19	3:58	86	4:58	3.25	17:38	5:25	5	0:54	114	
Lap 2	3.25	17:05	5:15	17	3:06	79	4:21	6.50	34:43	5:20	5	1:15	114	
Lap 3	3.25	17:36	5:24	19	3:20	83	4:49	9.75	52:19	5:21	5	1:49	114	
Lap 4	3.25	18:20	5:38	22	3:53	93	5:24	13.00	1:10:39	5:26	5	3:06	113	14:14
Lap 5	3.25	18:55	5:49	24	4:32	106	6:05	16.25	1:29:34	5:30	5	4:50	113	18:43
Lap 6	3.25	19:13	5:54	25	4:53	106	6:05	19.50	1:48:47	5:34	5	6:42	113	22:40
Lap 7	3.25	20:42	6:22	27	6:22	116	7:47	22.75	2:09:29	5:41	5	10:24	111	20:24
Lap 8	3.25	21:56	6:44	26	7:36	119	8:44	26.00	2:31:25	5:49	5	13:53	111	25:19
Lap 9	3.25	22:11	6:49	25	7:46	113	8:47	29.25	2:53:36	5:56	5	19:32	110	27:36
Lap 10	3.25	23:23	7:11	26	8:58	118	9:48	32.50	3:16:59	6:03	5	21:31	109	1:06:18
Lap 11	3.25	23:37	7:15	26	8:57	110	10:28	35.75	3:40:36	6:10	5	23:28	108	1:16:46
Lap 12	3.25	23:41	7:17	26	8:41	112	10:00	39.00	4:04:17	6:15	5	26:12	108	1:26:46
Last lap Finish	3.25	22:39	6:58	27	7:35	112	9:07	42.25	4:26:56	6:19	26	2:01:59	114	3:00:43