



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Hajek, Verena

Club: Laufmonster

Number: 209

Course: 42.25 km

Marathon

Category:

Frauen W60

Total time: 4:31:53

Speed: 9.27 km/h

Running performance: 6:26 min/km

Rank in course/Total: 127 (of 164)

Rank in course/Women: 18 (of 28)

Best time in course: 3:30:47

Rank in category: 1(of 2)

Best time in the category: 4:31:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	19:18	5:56	1	-	20	4:25	3.25	19:18	5:56	1	-	11	
Lap 2	3.25	19:21	5:57	1	-	20	4:05	6.50	38:39	5:56	1	-	11	0:08
Lap 3	3.25	19:46	6:04	1	-	20	4:18	9.75	58:25	5:59	1	-	11	0:38
Lap 4	3.25	20:01	6:09	1	-	20	4:22	13.00	1:18:26	6:01	1	-	11	1:05
Lap 5	3.25	20:03	6:10	1	-	18	3:54	16.25	1:38:29	6:03	1	-	11	1:17
Lap 6	3.25	20:19	6:15	1	-	17	4:08	19.50	1:58:48	6:05	1	-	11	1:00
Lap 7	3.25	21:00	6:27	1	-	21	4:48	22.75	2:19:48	6:08	1	-	11	1:18
Lap 8	3.25	20:53	6:25	1	-	16	4:18	26.00	2:40:41	6:10	1	-	11	1:35
Lap 9	3.25	21:47	6:42	1	-	19	5:39	29.25	3:02:28	6:14	1	-	11	2:49
Lap 10	3.25	22:19	6:51	1	-	19	5:54	32.50	3:24:47	6:18	1	-	11	3:53
Lap 11	3.25	22:51	7:01	1	-	19	6:43	35.75	3:47:38	6:22	1	-	11	5:41
Lap 12	3.25	22:09	6:48	1	-	16	5:55	39.00	4:09:47	6:24	1	-	11	7:03
Last lap Finish	3.25	22:06	6:48	1	-	18	6:56	42.25	4:31:53	6:26	1	-	19	1:01:06