



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Gerlach, Jörg

Club: 100 Marathon Club

Number: 121

Course: 42.25 km

Marathon

Category:

Männer M50

Total time: 4:33:09

Speed: 9.28 km/h

Running performance: 6:28 min/km

Rank in course/Total: 128 (of 164)

Rank in course/Men: 110 (of 136)

Best time in course: 2:51:03

Rank in category: 16(of 18)

Best time in the category: 3:32:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:21	5:57	17	4:17	119	6:41	3.25	19:21	5:57	3	1:45	79	
Lap 2	3.25	19:08	5:53	17	3:50	116	6:24	6.50	38:29	5:55	3	4:16	116	
Lap 3	3.25	19:02	5:51	17	3:15	118	6:15	9.75	57:31	5:53	3	6:25	116	
Lap 4	3.25	19:26	5:58	17	3:45	118	6:30	13.00	1:16:57	5:55	3	8:34	115	20:32
Lap 5	3.25	19:40	6:03	17	4:01	117	6:50	16.25	1:36:37	5:56	3	9:28	115	25:46
Lap 6	3.25	20:43	6:22	18	4:51	121	7:35	19.50	1:57:20	6:01	3	12:57	115	31:13
Lap 7	3.25	20:57	6:26	17	4:56	117	8:02	22.75	2:18:17	6:04	3	16:09	113	29:12
Lap 8	3.25	22:26	6:54	18	6:23	123	9:14	26.00	2:40:43	6:10	3	20:27	113	34:37
Lap 9	3.25	23:05	7:06	18	6:40	119	9:41	29.25	3:03:48	6:17	3	24:29	112	37:48
Lap 10	3.25	24:36	7:34	17	8:17	127	11:01	32.50	3:28:24	6:24	3	31:04	111	1:17:43
Lap 11	3.25	22:16	6:51	13	5:51	101	9:07	35.75	3:50:40	6:27	3	34:15	110	1:26:50
Lap 12	3.25	21:15	6:32	13	4:28	90	7:34	39.00	4:11:55	6:27	3	35:08	110	1:34:24
Last lap Finish	3.25	21:14	6:31	14	5:53	94	7:42	42.25	4:33:09	6:27	17	1:48:51	116	3:06:56