



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Merritt, Michael

Club: Wing it

Number: 218

Course: 42.25 km

Marathon

Category:

Männer M45

Total time: 4:34:31

Speed: 9.18 km/h

Running performance: 6:30 min/km

Rank in course/Total: 131 (of 164)

Rank in course/Men: 113 (of 136)

Best time in course: 2:51:03

Rank in category: 26(of 29)

Best time in the category: 3:07:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men
Lap 1	3.25	17:19	5:19	18	3:39	79	4:39	3.25	17:19	5:19	4	0:35	119	
Lap 2	3.25	17:26	5:21	19	3:27	85	4:42	6.50	34:45	5:20	4	1:17	119	
Lap 3	3.25	18:49	5:47	27	4:33	114	6:02	9.75	53:34	5:29	4	3:04	119	
Lap 4	3.25	18:49	5:47	26	4:22	106	5:53	13.00	1:12:23	5:34	4	4:50	118	15:58
Lap 5	3.25	19:16	5:55	25	4:53	113	6:26	16.25	1:31:39	5:38	4	6:55	118	20:48
Lap 6	3.25	18:43	5:45	22	4:23	98	5:35	19.50	1:50:22	5:39	4	8:17	118	24:15
Lap 7	3.25	20:14	6:13	26	5:54	111	7:19	22.75	2:10:36	5:44	4	11:31	116	21:31
Lap 8	3.25	22:01	6:46	27	7:41	120	8:49	26.00	2:32:37	5:52	4	15:05	102	26:31
Lap 9	3.25	24:11	7:26	26	9:46	126	10:47	29.25	2:56:48	6:02	4	22:44	115	30:48
Lap 10	3.25	23:56	7:21	27	9:31	121	10:21	32.50	3:20:44	6:10	4	25:16	114	1:10:03
Lap 11	3.25	25:34	7:51	29	10:54	128	12:25	35.75	3:46:18	6:19	4	29:10	113	1:22:28
Lap 12	3.25	25:43	7:54	28	10:43	127	12:02	39.00	4:12:01	6:27	4	33:56	113	1:34:30
Last lap Finish	3.25	22:30	6:55	25	7:26	108	8:58	42.25	4:34:31	6:29	27	2:09:34	119	3:08:18