



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Jäger, Ruth

Club: TGMSV Jügesheim

Number: 210

Course: 42.25 km

Marathon

Category:

Frauen W60

Total time: 4:47:03

Speed: 8.83 km/h

Running performance: 6:47 min/km

Rank in course/Total: 140 (of 164)

Rank in course/Women: 22 (of 28)

Best time in course: 3:30:47

Rank in category: 2(of 2)

Best time in the category: 4:31:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:31	6:18	2	1:13	26	5:38	3.25	20:31	6:18	2	1:13	7	1:12
Lap 2	3.25	20:31	6:18	2	1:10	24	5:15	6.50	41:02	6:18	2	2:23	7	2:31
Lap 3	3.25	20:42	6:22	2	0:56	23	5:14	9.75	1:01:44	6:19	2	3:19	7	3:57
Lap 4	3.25	22:03	6:47	2	2:02	27	6:24	13.00	1:23:47	6:26	2	5:21	7	6:26
Lap 5	3.25	21:48	6:42	2	1:45	25	5:39	16.25	1:45:35	6:29	2	7:06	7	8:23
Lap 6	3.25	21:59	6:45	2	1:40	24	5:48	19.50	2:07:34	6:32	2	8:46	7	9:46
Lap 7	3.25	22:08	6:48	2	1:08	23	5:56	22.75	2:29:42	6:34	2	9:54	7	11:12
Lap 8	3.25	22:09	6:48	2	1:16	20	5:34	26.00	2:51:51	6:36	2	11:10	7	12:45
Lap 9	3.25	22:56	7:03	2	1:09	22	6:48	29.25	3:14:47	6:39	2	12:19	7	15:08
Lap 10	3.25	24:10	7:26	2	1:51	24	7:45	32.50	3:38:57	6:44	2	14:10	7	18:03
Lap 11	3.25	22:55	7:03	2	0:04	20	6:47	35.75	4:01:52	6:45	2	14:14	7	19:55
Lap 12	3.25	22:35	6:56	2	0:26	17	6:21	39.00	4:24:27	6:46	2	14:40	7	21:43
Last lap Finish	3.25	22:36	6:57	2	0:30	19	7:26	42.25	4:47:03	6:47	2	15:10	23	1:16:16