



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Pelani, Beate

Club: Triathlon Team TG Witten

Number: 183

Course: 42.25 km

Marathon

Category:

Frauen W40

Total time: 4:51:20

Speed: 8.70 km/h

Running performance: 6:54 min/km

Rank in course/Total: 145 (of 164)

Rank in course/Women: 24 (of 28)

Best time in course: 3:30:47

Rank in category: 5(of 5)

Best time in the category: 4:02:26

Control	Intermediate times								Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women		
Lap 1	3.25	19:36	6:01	5	3:56	23	4:43	3.25	19:36	6:01	5	2:45	5	0:17		
Lap 2	3.25	20:27	6:17	5	4:10	23	5:11	6.50	40:03	6:09	5	6:41	5	1:32		
Lap 3	3.25	21:00	6:27	5	4:22	24	5:32	9.75	1:01:03	6:15	5	10:51	5	3:16		
Lap 4	3.25	21:46	6:41	5	4:41	25	6:07	13.00	1:22:49	6:22	5	15:32	5	5:28		
Lap 5	3.25	22:00	6:46	5	4:46	27	5:51	16.25	1:44:49	6:27	5	20:01	5	7:37		
Lap 6	3.25	21:47	6:42	5	3:56	22	5:36	19.50	2:06:36	6:29	5	23:57	5	8:48		
Lap 7	3.25	21:18	6:33	5	2:50	22	5:06	22.75	2:27:54	6:30	5	26:47	5	9:24		
Lap 8	3.25	23:09	7:07	5	4:06	24	6:34	26.00	2:51:03	6:34	5	30:53	5	11:57		
Lap 9	3.25	23:37	7:15	5	3:51	23	7:29	29.25	3:14:40	6:39	5	34:44	5	15:01		
Lap 10	3.25	23:48	7:19	5	3:26	22	7:23	32.50	3:38:28	6:43	5	38:09	5	17:34		
Lap 11	3.25	25:16	7:46	5	4:44	25	9:08	35.75	4:03:44	6:49	5	42:39	5	21:47		
Lap 12	3.25	24:14	7:27	4	3:17	23	8:00	39.00	4:27:58	6:52	5	45:56	5	25:14		
Last lap Finish	3.25	23:22	7:11	4	3:40	20	8:12	42.25	4:51:20	6:53	5	48:54	25	1:20:33		