



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Cerbe, Dieter P.

Club: LT Freigericht

Number: 444

Course: 9.75 km

10 km Lauf

Category:

Männer M60

Total time: 45:58

Speed: 11.75 km/h

Running performance: 4:43 min/km

Rank in course/Total: 41 (of 224)

Rank in course/Men: 39 (of 166)

Best time in course: 33:28

Rank in category: 2(of 8)

Best time in the category: 39:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:03	4:19	2	0:03	25	2:55	3.25	14:03	4:19	2	0:03	39	2:55
Lap 2	3.25	15:42	4:49	3	2:30	47	4:24	6.50	29:45	4:34	2	2:33	39	7:19
Last lap Finish	3.25	16:13	4:59	5	3:31	71	5:11	9.75	45:58	4:42	2	6:04	39	12:30