



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Potz, Sandro

Club: TSV Gahma

Number: 548

Course: 9.75 km

10 km Lauf

Category:

Männer M40

Total time: 46:52

Speed: 11.52 km/h

Running performance: 4:49 min/km

Rank in course/Total: 52 (of 224)

Rank in course/Men: 50 (of 166)

Best time in course: 33:28

Rank in category: 3(of 20)

Best time in the category: 41:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	14:55	4:35	3	0:53	46	3:47	3.25	14:55	4:35	19			50	3:47
Lap 2	3.25	16:11	4:58	5	2:24	64	4:53	6.50	31:06	4:47	19			50	8:40
Last lap Finish	3.25	15:46	4:51	5	2:31	56	4:44	9.75	46:52	4:48	3	5:45		50	13:24