



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

goldbach, gunnar

Club: TLV-LT Eichenzell

Number: 356

Course: 9.75 km

10 km Lauf

Category:

Männer M35

Total time: 46:56

Speed: 11.51 km/h

Running performance: 4:49 min/km

Rank in course/Total: 54 (of 224)

Rank in course/Men: 51 (of 166)

Best time in course: 33:28

Rank in category: 8(of 26)

Best time in the category: 33:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	15:19	4:42	6	4:11	55	4:11	3.25	15:19	4:42	20			51	4:11
Lap 2	3.25	15:53	4:53	8	4:35	49	4:35	6.50	31:12	4:47	20			51	8:46
Last lap Finish	3.25	15:44	4:50	8	4:42	53	4:42	9.75	46:56	4:48	8	13:28		51	13:28