



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Paul, Pia

Club: SC Neuenstein

Number: 537

Course: 9.75 km

10 km Lauf

Category:

Frauen W45

Total time: 47:00

Speed: 11.49 km/h

Running performance: 4:49 min/km

Rank in course/Total: 55 (of 224)

Rank in course/Women: 4 (of 58)

Best time in course: 44:26

Rank in category: 1(of 11)

Best time in the category: 47:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	15:54	4:53	1	-	9	1:40	3.25	15:54	4:53	1	-	33		
Lap 2	3.25	15:44	4:50	1	-	3	0:55	6.50	31:38	4:51	1	-	33		
Last lap Finish	3.25	15:22	4:43	1	-	3	0:24	9.75	47:00	4:49	1	-	5	31:14	