



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Meißner, Jonny

Club: TSV Roßfeld / SV Werra 07 HBN

Number: 336

Course: 9.75 km

10 km Lauf

Category:

Männer M30

Total time: 47:45

Speed: 11.31 km/h

Running performance: 4:54 min/km

Rank in course/Total: 67 (of 224)

Rank in course/Men: 63 (of 166)

Best time in course: 33:28

Rank in category: 14(of 19)

Best time in the category: 37:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:23	4:44	14	3:22	60	4:15	3.25	15:23	4:44	7	0:57	63	4:15
Lap 2	3.25	16:22	5:02	15	3:52	73	5:04	6.50	31:45	4:53	7	1:38	63	9:19
Last lap Finish	3.25	16:00	4:55	12	3:27	62	4:58	9.75	47:45	4:53	14	10:41	63	14:17