



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Hahn, Daniel

Club: Heiligenstadt

Number: 341

Course: 9.75 km

10 km Lauf

Category:

Männer M30

Total time: 48:05

Speed: 11.23 km/h

Running performance: 4:56 min/km

Rank in course/Total: 73 (of 224)

Rank in course/Men: 69 (of 166)

Best time in course: 33:28

Rank in category: 15(of 19)

Best time in the category: 37:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:44	5:08	15	4:43	100	5:36	3.25	16:44	5:08	6	2:18	68	5:36
Lap 2	3.25	16:08	4:57	12	3:38	61	4:50	6.50	32:52	5:03	6	2:45	68	10:26
Last lap Finish	3.25	15:13	4:40	9	2:40	37	4:11	9.75	48:05	4:55	15	11:01	69	14:37