



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Rudolph, Felix

Club: Uni Kassel

Number: 311

Course: 9.75 km

10 km Lauf

Category:

Männer M20

Total time: 48:08

Speed: 11.22 km/h

Running performance: 4:56 min/km

Rank in course/Total: 75 (of 224)

Rank in course/Men: 71 (of 166)

Best time in course: 33:28

Rank in category: 10(of 15)

Best time in the category: 36:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:34	4:47	8	4:00	66	4:26	3.25	15:34	4:47	7	4:00	59	4:26
Lap 2	3.25	16:17	5:00	9	3:40	67	4:59	6.50	31:51	4:54	7	7:40	59	9:25
Last lap Finish	3.25	16:17	5:00	9	3:39	73	5:15	9.75	48:08	4:56	10	11:19	71	14:40