



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

richter, sabine

Club: TLV-LT Eichenzell

Number: 493

Course: 9.75 km

10 km Lauf

Category:

Frauen W40

Total time: 48:16

Speed: 11.19 km/h

Running performance: 4:57 min/km

Rank in course/Total: 76 (of 224)

Rank in course/Women: 5 (of 58)

Best time in course: 44:26

Rank in category: 1(of 5)

Best time in the category: 48:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	15:19	4:42	1	-	4	1:05	3.25	15:19	4:42	1	-	34		
Lap 2	3.25	16:23	5:02	1	-	6	1:34	6.50	31:42	4:52	1	-	34		
Last lap Finish	3.25	16:34	5:05	1	-	9	1:36	9.75	48:16	4:57	1	-	6	32:30	