



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

richter, sabine

Club: TLV-LT Eichenzell

Number: 493

Course: 9.75 km

10 km Lauf

Category:

Frauen W40

Total time: 48:16

Speed: 11.19 km/h

Running performance: 4:57 min/km

Rank in course/Total: 76 (of 224)

Rank in course/Women: 5 (of 58)

Best time in course: 44:26

Rank in category: 1(of 5)

Best time in the category: 48:16

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|--|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | |
| Lap 1 | 3.25 | 15:19 | 4:42 | 1 | - | 4 | 1:05 | 3.25 | 15:19 | 4:42 | 1 | - | 34 | | |
| Lap 2 | 3.25 | 16:23 | 5:02 | 1 | - | 6 | 1:34 | 6.50 | 31:42 | 4:52 | 1 | - | 34 | | |
| Last lap Finish | 3.25 | 16:34 | 5:05 | 1 | - | 9 | 1:36 | 9.75 | 48:16 | 4:57 | 1 | - | 6 | 32:30 | |