



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Elsner, Wolfgang

Club: VfB Fallersleben

Number: 439

Course: 9.75 km

10 km Lauf

Category:

Männer M55

Total time: 49:05

Speed: 11.00 km/h

Running performance: 5:02 min/km

Rank in course/Total: 85 (of 224)

Rank in course/Men: 77 (of 166)

Best time in course: 33:28

Rank in category: 3(of 8)

Best time in the category: 40:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:28	4:45	3	2:22	62	4:20	3.25	15:28	4:45	3	2:22	77	4:20
Lap 2	3.25	16:39	5:07	3	2:51	80	5:21	6.50	32:07	4:56	3	5:13	77	9:41
Last lap Finish	3.25	16:58	5:13	3	3:09	91	5:56	9.75	49:05	5:02	3	8:22	77	15:37