



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

sander, verena

Club: aschaffenburg

Number: 488

Course: 9.75 km

10 km Lauf

Category:

Frauen W35

Total time: 48:58

Speed: 11.03 km/h

Running performance: 5:01 min/km

Rank in course/Total: 84 (of 224)

Rank in course/Women: 8 (of 58)

Best time in course: 44:26

Rank in category: 1(of 9)

Best time in the category: 48:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	15:26	4:44	1	-	5	1:12	3.25	15:26	4:44	1	-	37		
Lap 2	3.25	16:29	5:04	1	-	7	1:40	6.50	31:55	4:54	1	-	37		
Last lap Finish	3.25	17:03	5:14	2	1:17	13	2:05	9.75	48:58	5:01	2	33:12	9	33:12	