



10. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 17.03.2012

Detailed evaluation

Tischbirez, Lars

Club: SC DHfK Leipzig/Freshrunners

Number: 388

Course: 10.55 km

10 km-Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 45:10

Speed: 14.01 km/h

Running performance: 4:17 min/km

Rank in course/Total: 61 (of 273)

Rank in course/Men: 58 (of 200)

Best time in course: 34:39

Rank in category: 9(of 27)

Best time in the category: 37:18