



10. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 17.03.2012

Detailed evaluation

Angrick, Jan

Club: Lg eXa Leipzig

Number: 234

Course: 10.55 km

10 km-Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 48:33

Speed: 12.36 km/h

Running performance: 4:36 min/km

Rank in course/Total: 102 (of 273)

Rank in course/Men: 96 (of 200)

Best time in course: 34:39

Rank in category: 13(of 27)

Best time in the category: 40:31