



10. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 17.03.2012

Detailed evaluation

Holzer, Max

Club: Leipzig

Number: 335

Course: 10.55 km

10 km-Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 49:34

Speed: 12.10 km/h

Running performance: 4:42 min/km

Rank in course/Total: 112 (of 273)

Rank in course/Men: 105 (of 200)

Best time in course: 34:39

Rank in category: 14(of 27)

Best time in the category: 40:31