



10. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 17.03.2012

Detailed evaluation

Jurczek, Heiko

Club: TSG Markleeberg

Number: 366

Course: 10.55 km

10 km-Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 53:20

Speed: 11.25 km/h

Running performance: 5:04 min/km

Rank in course/Total: 152 (of 273)

Rank in course/Men: 132 (of 200)

Best time in course: 34:39

Rank in category: 18(of 27)

Best time in the category: 40:31