



10. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 17.03.2012

Detailed evaluation

Plewe, Birgit

Club: LFV Oberholz

Number: 332

Course: 10.55 km

10 km-Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 53:43

Speed: 11.17 km/h

Running performance: 5:05 min/km

Rank in course/Total: 155 (of 273)

Rank in course/Women: 21 (of 73)

Best time in course: 41:44

Rank in category: 5(of 13)

Best time in the category: 47:38