



10. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 17.03.2012

Detailed evaluation

Beck, Constanze

Club: TSG Markkleeberg von 1903 e.V.

Number: 188

Course: 10.55 km

10 km-Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 53:56

Speed: 11.12 km/h

Running performance: 5:07 min/km

Rank in course/Total: 157 (of 273)

Rank in course/Women: 22 (of 73)

Best time in course: 41:44

Rank in category: 4(of 9)

Best time in the category: 44:09