



10. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 17.03.2012

Detailed evaluation

Strumpf, Manja

Club: SC DHfK Leipzig

Number: 143

Course: 10.55 km

10 km-Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 56:30

Speed: 11.20 km/h

Running performance: 5:22 min/km

Rank in course/Total: 187 (of 273)

Rank in course/Women: 34 (of 73)

Best time in course: 41:44

Rank in category: 5(of 9)

Best time in the category: 50:25