



10. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 17.03.2012

Detailed evaluation

Opitz, Wilfried

Club: BSV AOK Leipzig e.V.

Number: 104

Course: 10.55 km

10 km-Lauf

Category:

Senioren M70 (70-74 Jahre)

Total time: 1:01:33

Speed: 9.75 km/h

Running performance: 5:50 min/km

Rank in course/Total: 227 (of 273)

Rank in course/Men: 177 (of 200)

Best time in course: 34:39

Rank in category: 6(of 8)

Best time in the category: 53:15