



10. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 17.03.2012

Detailed evaluation

Holke, Karin

Club: LC Auensee Leipzig

Number: 148

Course: 10.55 km

10 km-Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:02:28

Speed: 10.13 km/h

Running performance: 5:55 min/km

Rank in course/Total: 230 (of 273)

Rank in course/Women: 52 (of 73)

Best time in course: 41:44

Rank in category: 5(of 6)

Best time in the category: 51:43