



## 10. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 17.03.2012

### Detailed evaluation

**Noack, Janet**

Club: Bad Lauchstädt

Number: 121

Course: 10.55 km

10 km-Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 1:02:38

Speed: 10.11 km/h

Running performance: 5:56 min/km

Rank in course/Total: 231 (of 273)

Rank in course/Women: 53 (of 73)

Best time in course: 41:44

Rank in category: 8(of 9)

Best time in the category: 44:09