



10. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 17.03.2012

Detailed evaluation

Michaelis, Lutz

Club: VS Leipzig

Number: 396

Course: 10.55 km

10 km-Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:03:03

Speed: 9.52 km/h

Running performance: 5:59 min/km

Rank in course/Total: 235 (of 273)

Rank in course/Men: 180 (of 200)

Best time in course: 34:39

Rank in category: 8(of 8)

Best time in the category: 46:10