



10. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 17.03.2012

Detailed evaluation

Dr. Sergel, Dieter

Club: LWF Leipzig

Number: 265

Course: 10.55 km

10 km-Lauf

Category:

Senioren M70 (70-74 Jahre)

Total time: 1:16:19

Speed: 7.86 km/h

Running performance: 7:14 min/km

Rank in course/Total: 255 (of 273)

Rank in course/Men: 190 (of 200)

Best time in course: 34:39

Rank in category: 7(of 8)

Best time in the category: 53:15