



10. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 17.03.2012

Detailed evaluation

Dömmecke, Andreas

Club: Köln

Number: 56

Course: 5.23 km

Fitnesslauf

Category:

Männer

Total time: 29:51

Speed: 10.05 km/h

Running performance: 5:43 min/km

Rank in course/Total: 17 (of 49)

Rank in course/Men: 9 (of 15)

Best time in course: 19:20

Rank in category: 9(of 15)

Best time in the category: 19:20