



7. Walk in Herne  
Herne-Sodingen / 18.03.2012

Detailed evaluation

Gommen - Rechau, Gaby

Club: Nordic Walking Hobbygruppe Ahlen  
Number: 5515

Course: 5.00 km

Nordic Walking

Total time: 48:05

Speed: 6.24 km/h

metres in height up: 99

Course score: 6.49

performance score: 40 Points