



7. Walk in Herne  
Herne-Sodingen / 18.03.2012

Detailed evaluation

Hohenwald, Alexandra

Club: Post SV Unna  
Number: 5508

Course: 5.00 km  
Nordic Walking

Total time: 51:47

Speed: 5.79 km/h

metres in height up: 99  
Course score: 6.49

performance score: 38 Points