



7. Walk in Herne  
Herne-Sodingen / 18.03.2012

Detailed evaluation

Macikowski, Ingrid

Club: Bickern  
Number: 7007

Course: 7.00 km  
Sportabzeichen Walking

Total time: 59:21

Speed: 7.08 km/h

metres in height up: 119  
Course score: 8.79  
performance score: 62 Points