



7. Walk in Herne

Herne-Sodingen / 18.03.2012

Detailed evaluation

Vierhaus, Udo

Club: Team 4haus

Number: 13542

Course: 13.00 km

Nordic Walking

Total time: 1:33:30

Speed: 8.34 km/h

metres in height up: 180

Course score: 15.70

performance score: 131 Points