



7. Walk in Herne
Herne-Sodingen / 18.03.2012

Detailed evaluation

Sander, Ingeborg

Club: SG Ennepetal
Number: 13600

Course: 13.00 km
Nordic Walking

Total time: 1:39:08

Speed: 7.87 km/h

metres in height up: 180
Course score: 15.70

performance score: 124 Points