



7. Walk in Herne
Herne-Sodingen / 18.03.2012

Detailed evaluation

Heinze, Ralf

Club: Knappschaft

Number: 13528

Course: 13.00 km

Nordic Walking

Total time: 1:39:46

Speed: 7.82 km/h

metres in height up: 180

Course score: 15.70

performance score: 123 Points