



7. Walk in Herne
Herne-Sodingen / 18.03.2012

Detailed evaluation

Birk, Brigitte

Club: LuW Weddinghofen

Number: 13530

Course: 13.00 km

Nordic Walking

Total time: 1:40:14

Speed: 7.78 km/h

metres in height up: 180

Course score: 15.70

performance score: 122 Points