



7. Walk in Herne
Herne-Sodingen / 18.03.2012

Detailed evaluation

Pohlkamp, Bernhard

Club: Team NRW

Number: 13519

Course: 13.00 km

Nordic Walking

Total time: 1:41:47

Speed: 7.66 km/h

metres in height up: 180

Course score: 15.70

performance score: 120 Points